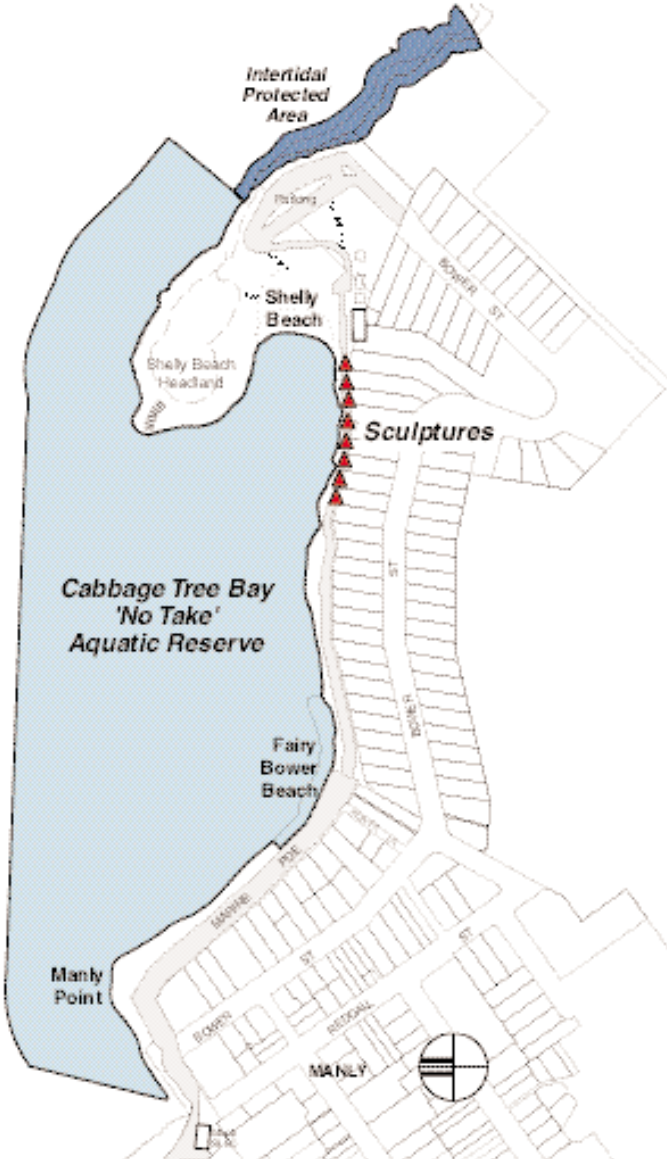
How to Find the Sculptures in Cabbage Tree Bay



Sculptures created by Tim Johnman of Lithgow Pottery

CABBAGE TREE BAY management plan

This project is an initiative of the Cabbage Tree Bay Management Plan.

For more information

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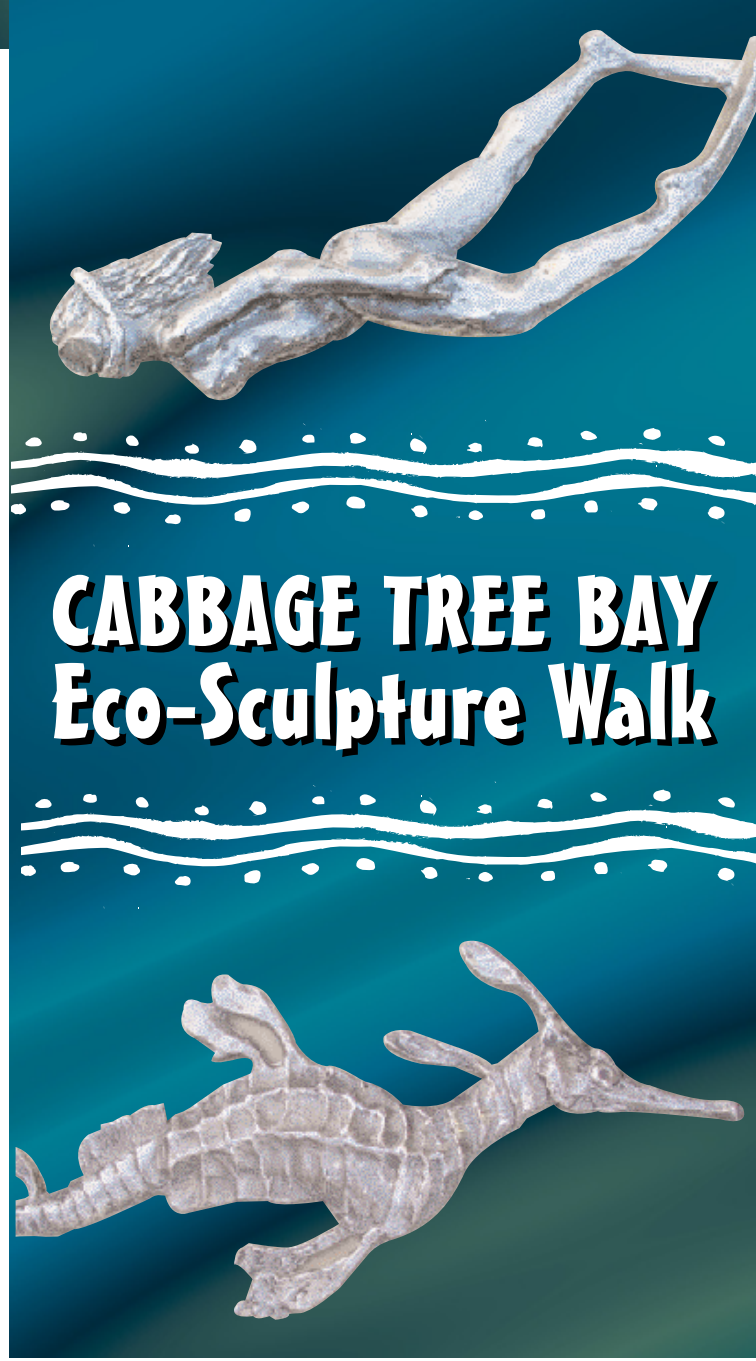


CABBAGE TREE BAY Eco-Sculpture Walk

Cabbage Tree Bay Eco-Sculpture Walk

Experience Cabbage Tree Bay's unique marine life, plants, animals, history and attractions while walking along the Bay's stunning coastline.

From Manly or Shelly Beach walk along Marine Parade to observe the sculptures pictured in this guide. Each of the sculptures represents a special feature of Cabbage Tree Bay.

Cabbage Tree Bay

Cabbage Tree Bay, which can be seen from Manly Beach, is approximately 15km north of Sydney City. It is the only west-facing beach on Australia's east coast.

The Bay was declared a 'No Take' Aquatic Reserve in March 2002. Please read the Aquatic Reserve signs whilst in the Bay and take note of what you can and can't do in the Reserve.

The small Bay is enjoyed by both locals and visitors for a variety of activities. As a result of its many attractions, the area is under a great deal of stress, so please treat it with care during your visit.

Eastern Blue Groper

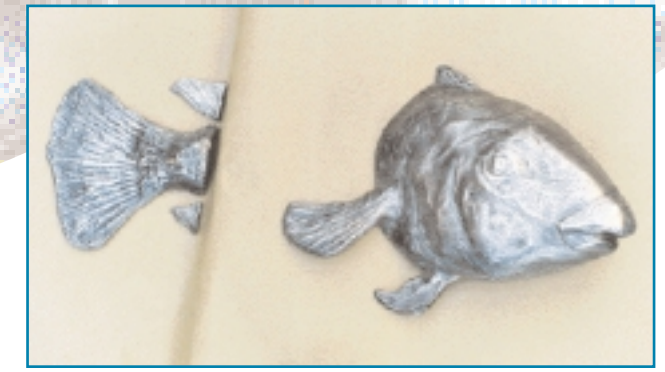
This large friendly reef fish is well known to divers and can be found in the waters of Cabbage Tree Bay.

Eastern Blue Groper Facts:

- Eastern Blue Gropers have been a protected species since 1969.
- They can grow up to 1.2m long.
- Male Gropers are blue, while females are generally browny-red and smaller in size.
- All Blue Gropers start life as females but can change into males later in life.
- They can live up to 35 years.
- The Gropers' lips help them to feed on sea urchins and small animals with hard shells.

Threats to Eastern Blue Gropers:

Habitat disturbance and human interference are the two major threats to this species.



Cabbage Tree Palms

Cabbage Tree Bay was named after the historically significant flora of the area - the Cabbage Tree Palm. Walking along Marine Parade you can see a number of these palms, which are still an important feature of the area.

Cabbage Tree Palm Facts:

- Cabbage Tree Palms were once found scattered over the Shelly Beach area.
- Cabbage Tree Palms are typically found in rainforest gullies along the coast.
- Sydney's early settlers used the trunks of Cabbage Tree Palms for building, the leaves for thatching and making cabbage tree hats.
- The 'cabbage' (the heart of the growing leaf bud) was eaten by the settlers, while the palm's pith and fruit was fed to their animals.